

The Prince's Trust xl clubs

Bringing Achievement to Life

"This is a brilliant scheme to get kids, who are otherwise quite disengaged, involved, learning new skills, learning team work and really pushing on in life. If we can stop kids who are on the edge of the tracks, then it's got to be good".

Tom Loughton
Education Minister



To find out more about how The Prince's Trust xl clubs can benefit your school, please visit:
princes-trust.org.uk/xlclubs

or email: info@princes-trust.org.uk

or call: 0800 842 842



“The Prince’s Trust xl club saved me. The skills and experience I gained have helped me shape what I want from life.”

Matthew Dawson

Introduction



We want to raise standards – not just for the high achievers in our school, but for all of our young people.

As teachers and head teachers we’re increasingly responsible for ensuring that all of our pupils have a chance to succeed.

I firmly believe that The Prince’s Trust - through its xl clubs - is a positive way for schools to offer support to pupils that are most at risk. It specifically targets those disaffected and disengaged students who might otherwise be excluded. It improves attendance, motivation and achievement. Quite simply, it changes lives.

We’ve had an xl club in my school for the last seven years. The pupils take pride in their achievement and enjoy being part of The Prince’s Trust.

I’ve also met many proud parents who can’t believe the transformation in their children’s behaviour and results.

If you have pupils who aren’t reaching their full potential, then I’d urge you to consider working with The Prince’s Trust. They’re a fantastic partner with so much to add to your existing curriculum. Their programmes deliver consistent results and there are tens of thousands of young people who have experienced the benefit.

Ms Victoria Eadie
Head Teacher

Feltham Community College

Bringing Achievement to Life



The Prince's Trust xl clubs provide a personal development programme aimed at young people aged 13-19 at risk of underachievement or exclusion from school.

Rather than treat these young people as a challenge, The Prince's Trust makes them a priority.

A club could help your school to:

- re-engage young people who are at risk of underachievement
- increase attendance and reduce exclusions
- improve behaviour, both in and beyond the classroom
- boost academic achievement
- make a positive contribution to the community

Prince's Trust xl clubs add value by getting disengaged young people back into learning and success.

"Before The Prince's Trust xl club, I was very unhappy, hated school and had no interest in learning. I've come so far since then, and have learnt so much. Now I'm confident and know what I want out of life and am willing to work hard to get it."

Samantha Foster

Who Could Benefit?



Many of the young people on The Prince's Trust xl clubs have experienced:

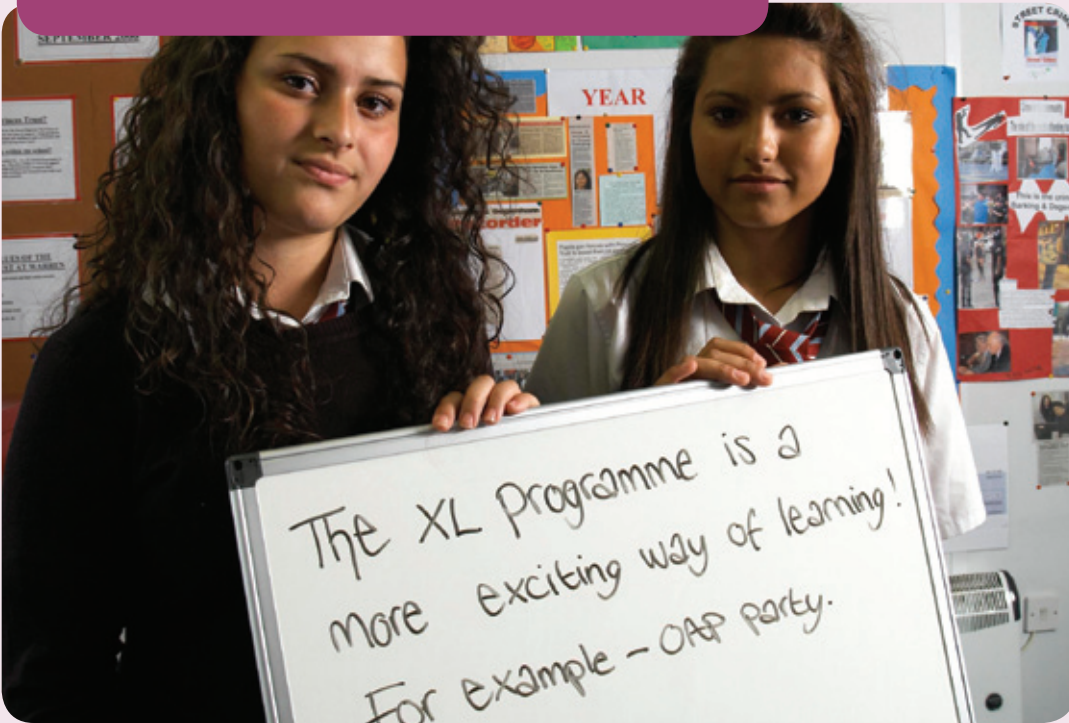
- difficulties with Maths and English
- underachievement in class
- distracting, disruptive or aggressive behaviour
- alienation, isolation or bullying
- a lack of parental support
- a record of truancy or absenteeism
- serious risk of exclusion

If these are issues in your school, then The Prince's Trust could help.

"I really thought school wasn't for me, it wasn't a good mix. But now I'm really enjoying learning new skills and putting them to use. The Prince's Trust has given me the opportunity to discover what I'm good at."

Matthew Morrison

Helping Change Young Lives



Young people can:

- discover a new way of learning
- enjoy working as part of a small team
- boost their aspiration, motivation and self-esteem
- improve confidence and communication
- develop enterprise and employability skills
- achieve an accredited qualification

"I've got much more self-confidence now. I think The Prince's Trust xl club has helped me no end and I'm keen to carry on in education."

Reigan Curd

The Flexible Alternative



Prince's Trust xl clubs provide a flexible, alternative programme which can be tailored to your school's needs.

There are five activity areas:

- Personal, Team and Interpersonal Skills
- Active Citizenship
- Entrepreneurship and Enterprise
- Preparation for Work
- Enrichment Projects

Young people join a club of between 10 and 15 of their peers from a variety of backgrounds who face different issues. Where possible, membership is fixed and young people benefit from a stable and

trusting environment, which helps them regain an appetite for learning.

Most schools operate a Prince's Trust xl club over five terms during Year 10 and 11 (Year 11 and 12 in Northern Ireland) and young people meet for a minimum of half a day per week guided by an Adviser. The Prince's Trust is currently piloting the programme in Year 9 (Year 10 in Northern Ireland).

Prince's Trust xl clubs can also be tailored to operate in short stay schools and other alternative education provision.

The Network



Each Prince's Trust xl club is a partnership between a school and The Prince's Trust. Together they form a network of more than 900 clubs across the UK, supporting more than 10,000 young people.

The Prince's Trust will provide full training for your Adviser and you'll have a dedicated member of Trust staff as your regular contact.

The tried and tested programme is fully supported by materials which include lesson plans and activities. Advisers receive comprehensive training and teaching resources and each young person has their own Portfolio of Evidence.

With 35 years' experience of supporting disadvantaged young people into education, employment and training, The Prince's Trust has established itself as a positive choice for young people who may

have rejected other interventions. The Trust has also developed an unrivalled network of partner organisations who regularly support Prince's Trust xl clubs to achieve their best. These include the School Food Trust, the emergency services, corporate partners, plus cricket, football and rugby clubs. With their support, The Prince's Trust xl clubs are able to engage young people who might otherwise get left behind.

Across the UK, members of the network meet together at celebration days and events. And, each year, The Prince's Trust recognises the outstanding achievement of young people through its Celebrate Success Awards which culminate in a high profile national event in the spring.

The Results



Prince's Trust xl clubs have proved their effectiveness in harnessing the potential of young people who might otherwise have been left behind.

Results can be seen in young people's attendance, attitude and attainment:

- 88 per cent of those that complete the programme progress into full time education, training or employment
- 94 per cent of young people would recommend it to others
- 89 per cent of young people show personal development
- 90 per cent of young people show positive skills development across a range of areas

The Prince's Trust Qualification

In 2010 we launched our own, Ofqual accredited qualification, so that young

people can gain an Award, Certificate or Diploma backed by the reputation of The Prince's Trust.

The qualification is available at Entry 3, Level 1 and Level 2.

"I now have the confidence to take responsibility for myself and plan my future. I've overcome many problems and feel equipped to deal with any more that stand in my way."

William Hellier

How To Start



We aim to make it easy to establish a Prince's Trust xl club in your school.

There are three key things to think about:

- Identify your Adviser - this is the person who will run the club. It's usually an existing member of staff, such as a teacher or a teaching assistant
- Include The Prince's Trust xl club in your timetable and promote it as an option
- Create a positive space for the club to meet, using Prince's Trust materials and young people's own work

You won't need any special equipment, but if you do have access to IT, a kitchen or other facilities, then the programme will help you make good use of them.

"I always wanted something better for my life and I now think I am on track to achieve that. The Prince's Trust xl club has helped me to become more focused on my life."

Odaine Smith